



# formation school

4.9-10 Discipling young  
spiritual adults

TRACK 4 - DISCIPLESHIP - GROWING AND  
RELEASING

# Learning outcomes

## **Session 1**

1. Reinforced the discipleship pathway and some principles of discipling
2. Recognised some of the characteristics and needs of spiritual young adults

## **Session 2**

3. Better understand the kind of environments and relational contexts where spiritual young adults can mature

# The Discipleship Pathway

*I am writing to you, dear children, because your sins have been forgiven on account of his name. I am writing to you, fathers, because you know him who is from the beginning. **I am writing to you, young men, because you have overcome the evil one.** I write to you, dear children, because you know the Father. I write to you, fathers, because you know him who is from the beginning. **I write to you, young men, because you are strong, and the word of God lives in you, and you have overcome the evil one.***



# Discipling principles

Relational - Matthew 22:37-39

Intentional - Matthew 4:19

Kingdom focused - Matthew 6:10

Generational- 2 Timothy 2:2, Psalm 145:4-5

# Understanding needs and characteristics Observations from 1 & 2 Thessalonians

## **Group 1: 1 Thessalonians 2:13-3:13**

What characteristics and needs do you observe?

Is there any evidence in 2 Thessalonians that these disciples had progressed between the writing of the two letters in these features? See 2 Thess 1:3-11

## **Group 2: 1 Thessalonians 4:1-18**

What characteristics and needs do you observe?

Is there any evidence in 2 Thessalonians that these disciples had progressed between the writing of the two letters in these features? See 2 Thess 2:1-15

## **Group 3: 1 Thessalonians 5:1-24**

What characteristics and needs do you observe?

Is there any evidence in 2 Thessalonians that these disciples had progressed between the writing of the two letters in these features? See 2 Thess 3:6-14

# Character

## **Oxford English Dictionary:**

- the qualities that make a person different from others
- strength and originality in a person's nature
- a person's good reputation
- an eccentric or amusing person

## **Bible:**

Character is the sum of a person's moral and spiritual qualities.

The "fruit of the spirit" (Galatians 5:22-23), contrasted with the "acts of the flesh", (Galatians 5:19-21).

Character is what people see in terms of being "like Christ".

# Developing character

- How is God at work developing your character?
- How would you walk alongside others in building character?

# **Understanding Environments and relational contexts**

# Observations from 1 Thessalonians

Read 1 Thessalonians 1:1-2:12 on your own

How did Paul, Silas and Timothy meet the needs of these spiritual young adults?

Prepare to feedback key words.

**Healthy and unhealthy environments:  
Observations from Revelation 2-3**

# Healthy and unhealthy environments: Observations from Revelation 2-3

What did Jesus commend as being healthy? What did he challenge as being unhealthy? What didn't he mention at all?

Group 1: The churches at Ephesus, Smyrna and Pergamum  
(Revelation 2:1-17)

Group 2: The churches at Thyatira and Sardis  
(Revelation 2:18 - 3:6)

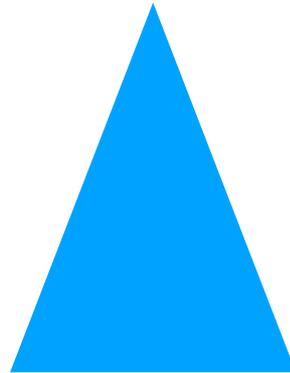
Group 3: The churches at Philadelphia and Laodicea  
(Revelation 3:7-22)

# Relational contexts

Upward -  
passionate spirituality

Outward -  
missionary zeal

Inward -  
radical community



# Relational contexts in Jesus' ministry

1. Jesus and the Father
2. Jesus and the Three
3. Jesus and the Twelve
4. Jesus and the Seventy
5. Jesus and the crowds

# Relational contexts today

1. Personal walk with God
2. Closest friends
3. Life/small/home groups
4. Missional communities
5. Worship/Sunday services

# Personal reflection

How are you doing personally in against these five relational contexts?

How can you encourage young spiritual adults to engage with them?

What are the key takeaways from tonight?

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# SPIRITUAL PATHWAY

## THE JOURNEY OF MATURITY



FOUR KEY STAGES:



**Spiritually  
Unborn**



**Spiritual  
Infants**



**Spiritual  
Young  
Adults**



**Spiritual  
Parents**